

VSCA State Convention Learning Labs – 2019

How to Sign Up

Read the descriptions that follow, then visit signup.com/go/LVKNKDW to sign up.

Labs have a limit of delegates that may attend each session, so sign up as soon as you can.

All sign-ups must be completed by 4pm on Wednesday, March 20.

Delegates that have not signed up by that time will be assigned Labs to attend.

The expectation is that ALL delegates (students and adults) sign up for one Lab during EACH of the three sessions.

When signing up, each delegate must sign up SEPERATELY. Leave the “Number of Spots” counter at **1** when completing the online form:

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Learning Lab Schedule

ROOM	Session 1 10:10-10:40	Session 2 10:50-11:20	Session 3 1:15-1:45
Henry	Advisor Swap Shop (Double Session)		Torching Tired Traditions
Mason	Beyond the Bake Sale	Bye-Bye Binder	Spark Your Communication
Harrison	Break the Ice	Rebuilding a Fire for Leadership: Starting from the Ground Up	Empowering Student Leaders for School Improvement Planning (Advisors only)
Franklin	Spread the Word!	Post-It Positive	SCA Declassified: Video Survival Guide
Madison	Surviving Freshman Year (Seniors only)	Party of Fore	Going the Distance
Blair	Parliamentary Procedure	Parliamentary Procedure	TEAM: Together Everyone Achieves More
Lee	Leading with Emotional Intelligence	Leading with Emotional Intelligence	Lighting the Fire in your International Community
Wythe	Sources of Strength	Sources of Strength	Sources of Strength
Thomas Jefferson Amphitheater	Creating a Culture	Creating a Culture	Building Buddies
Virginia Ballrooms 3 and 4	Pep Rally Games and Planning	Resolutions Workshop	Resolutions Workshop

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Descriptions

Advisor Swap Shop – ADVISORS

South Lakes High School

Advisor Presenter: Lyn Fiscus

This double session is a perfect place for advisors to get great ideas from one another. Share experiences, problem-solve, and create a network!

Beyond the Bake Sale: New Ways to Reach Your Community

Lee-Davis High School

Student Presenters: Lilly Dean, Adair Keener, and Hollyann Purvis

Advisor: Lynn Griffey

Opportunities to help serve your community are everywhere, you just need to know where to look. In Beyond the Bake Sale, you will learn several new opportunities to include your whole community. We hope you walk away from this session organized, inspired, and ready to make a change without spilling any flour.

Break the Ice

Woodgrove High School

Student Presenters: Julia Murraray, Kendall Wisniewski, and Taly Zapanta

Advisor: Tom Acquino

Need help getting team members to learn and remember one another's names? Need a few energizer games for meetings that use the participants' names? Come check out some name games!

Building Buddies

Grassfield High School

Student Presenters: Audrey Baker, Jillian Grant, Caroline Leckie, and Heather Opie

Advisor: Alicia White

Building Buddies is an interactive workshop where you will learn about how to form relationships in your community. By collaborative brainstorming, you will leave this workshop with skills to take back to your school to create an inclusive environment.

Bye-Bye Binder: Modernizing Your SCA

Lee-Davis High School

Student Presenters: Nathan Dodson, Luke Shawler, and Gabriel Worthington

Advisor: Lynn Griffey

Dance ticket sales causing anxiety? Need a way to track member points? Tired of hastily written sign-in sheets? In this session, you'll learn how to bring your SCA up to date through free online tools which may save your advisors several grey hairs. Links and examples to take back to your school will be provided.

Creating a Culture

Colgan High School

Student Presenters: Katelyn Marzo, Kate Moynihan, Brigit Turner, and Avery Ouellette

Advisor: Dakota Beach

Come get ideas on how to build and create a positive culture so your school can successfully function as one! Understand how to make everyone feel welcome in their school family by bringing all the organizations together and incorporating the diversity of all students and faculty through games, events, and unique traditions. Learn how to rekindle lost spirit at your school. Walk away with exciting, new ideas after a collaboration session with schools from all over the Commonwealth!

Empowering Student Leaders for School Improvement Planning - ADVISORS

Hugo Owens Middle School and Western Branch Middle School

Presenters: Alaina Britt, Principal and Dr. Kamar Khoshaba, Principal

How does your school evoke student agency in the school improvement planning process? Using NASSP's Building & Breaking Ranks models, administrators, SCA advisors, and students can collaboratively conduct a comprehensive needs assessment, plan strategic initiatives and action steps, and empower students to help actualize their school's improvement goals. By authentically assessing key components of school culture such as student-centeredness, wellness, equity, relationships, communication, ethics, and global-mindedness, students can help school leaders brainstorm solutions and build their own capacity to lead the change process.

Going the Distance

Woodbridge High School

Student Presenter: Gabrielle Troia

Advisors: Kyle Geck and Mike Viola

This session will focus on how having the right people in the right places of your SCA can help everyone survive the whole year (or years) and allow the whole council to "go the distance." There will be an emphasis on infrastructure and how to trust the process with side notes on preventing burnout.

Leading with Emotional Intelligence

C.D. Hylton High School

Student Presenters: DeJah Robinson and Daniella Saforo

Advisor: Sue Hunter

Have you ever met a leader who has not been able to interact with the audience or come off as arrogant? Are you that leader? Emotional intelligence helps to identify and manage your own emotions and those of others. It is vital for leaders to manage and control their emotions, which can lead to success and social abilities.

Lighting the Fire in your International Community

C.D. Hylton High School

Student Presenters: Chloe Koulefiadou, DeJah Robinson, and Daniella Saforo

Advisor: Sue Hunter

Dealing with diversity issues means learning to integrate different cultures' values. Managing diversity can create an inclusive environment for the school community. With diversity training, we can look past any biases and learn how to work effectively within student council and ensure success by improving our relationships.

Parliamentary Procedure

Liberty High School

Student Presenter: Summer Markham

Advisor: Robin Waldron

Parliamentary Procedure will be taught in a fun and engaging manner. Be ready to walk out feeling more confident when using Parliamentary Procedure in meetings.

Party of Fore

Orange County High School

Student Presenters: Gene Flecker and Mackenzie Rankin

Advisor: Laurie Jamerson

Would you like to putt for a cure? "Who's Your Caddy," along with other "Caddy Issues" and "Puttering Possibilities," raised money for the Leukemia and Lymphoma Society. Find out how to have a FUNdraiser that involves the community.

Pep Rally Games and Planning

Grassfield High School

Student Presenters: Jillian Grant, Heather Opie, and Amanda Shepps

Advisor: Alicia White

Looking to play a new game and collaboration in creating a new pep rally culture at your school? Come to the Pep Rally Games and Planning Learning Lab to play and discuss games that can make your pep rallies feel new and exciting. Bring ideas to share and be ready to play!

Post-It Positive

Hickory High School

Student Presenters: Baylee Rainer, Ashlyn Seymour and Hailey Smith

Advisor: Lesley Sarver

Your challenge, should you choose to accept: change the overall atmosphere of your school by lighting a small spark to grow a fire of positivity. Instead of thinking large scale, you will learn that small, simple acts of kindness may hold more weight. Are you willing to accept the challenge to be an agent of change for a positive change?

Rebuilding a Fire for Leadership: Starting from the Ground Up

Stafford High School

Student Presenter: Fadumo Hussein

Advisor: Amy Hamm

You may be new to leadership, but it is never too late to start laying the ground work for change! This session will cover strategies to lighting the brightest fire for leadership.

Resolutions Workshop

THOSE ATTENDING THE RESOLUTIONS SESSION MUST ATTEND ONE OF THESE SESSIONS

Freedom High School

Student Presenter: Noah Burke, VSCA President

Advisor: Jason King

This will be a group discussion on the Resolutions to be discussed, the procedures for discussion and for amending and voting on the VSCA Resolutions.

SCA Declassified: Video Survival Guide

Freedom High School

Student Presenters: Cammie Barnes, Karley Brown, and Elizabeth Stefano

Advisor: Jason King

How to make fun and enjoyable videos to involve the whole school!

Sources of Strength

Freedom High School

Student Presenter: Aislinn Garcia

Advisor: Jason King

Would you like to learn how to identify signs of mental un-wellness in yourself or your peers? Would you like to get help for yourself or a friend? In this session, you will learn to spot the warning signs of mental un-wellness and how it impacts daily life. You will learn about where you can seek help and how to be a source of strength for someone suffering with mental health issues.

Spark Your Communication

Courtland High School

Student Presenter: Alexis Donohue

Advisors: Bobbie Almasy and Amy Thorne

Students will learn multiple ways to effectively communicate within their SCAs to have a successful year.

Attendees will walk away with new and effective approaches of communication and should feel confident in applying these new techniques to their SCA, schoolwork, and everyday life.

Spread the Word!

Freedom High School

Student Presenters: Austin Roberts and Nathan Tiong

Advisor: Jason King

If you are interested in learning how to have a greater turn out to the events in your school, this workshop is for you! In this session, you will find ways to effectively promote and publicize any event that you are planning. In addition, you will share ideas on how you successfully plan events.

Surviving Freshman Year – SENIORS ONLY

Presenters: Derek Shockey, 2018 VSCA President, and Steven Greiling, Grassfield High School 2017-2018 Student Council President

Derek Shockey and Steven Greiling return with their first semester of college complete. They will tell all about their adventures, tips for survival, and other very important items! You don't want to miss it!

TEAM: Together Everyone Achieves More

Buckingham County High School

Student Presenters: Johniece Baker and Mia Garrett

Advisor: Mary Stearrett

This workshop is designed to help you develop ideas to encourage your SCA to work as a team. It will also include icebreakers, energizers, and team building activities. Plan to get energized!

Torching Tired Traditions

South Lakes High School

Student Presenters: Kate Kaufman, Allison McCue, and Bennie Tignor

Advisor: Lyn Fiscus

What do you do when traditions have run their course and students no longer get excited about participating in them? Light the fire of leadership under new traditions! This session will highlight how South Lakes High School revitalized its Homecoming Court by doing away with King and Queen and doubled attendance at its Homecoming Dance with a bold plan.

