

# The Student Leader

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## Election Season: Do you have what it takes?

It is the season that Seniors begin checking out and daydreaming about prom, graduation, and whatever college they will be attending next year. This is the time of year that underclassmen begin to take the lead and finally have the opportunity to take on more leadership roles within their student councils.

It is also the time of year when elections for the next school year are coming up. There is always some anxiety over what you should run for, can you win, will you do a good job if you do win? These are normal fears. The advice that can give to you is what I used to share with my SCA students. Run for what you want. You might have to face defeat..and that is tough. However, you will not have to live with regret.. Some of the experiences that made me who I am today are times that I went for something and lost.

I ran for senior class president when I was in high school. I lost. I was crushed. However, I didn't quit. I took on a leadership position as a committee chair and helped the adviser and president whenever I could. It also taught me about humility and maintaining a positive demeanor in defeat. Even though I was sad at the time, I went for it. Follow your heart..you won't regret it!

Andrea Vail  
VSCA Director

## Meet the Keynote Speaker SUNJAY NATH!

Sunjay Nath travels globally sharing insights on leadership and performance. He is best known for his trademark, "The 10-80-10 Principle" which is a framework that helps individuals and teams improve performance. This methodology combines best practices with small wins to help people empower themselves.

Sunjay was a founding Vice President of an e-learning company based in Toronto that has gone on to become a multimillion-dollar company. Prior to that position he worked as an engineer for a distribution company in New York. He served as a camp director for several years with a camp that focuses on developing leadership skills in students. He has also held positions with H&R Block and Bank of Montreal.

He started an international speaking business when he was 19; he wasn't even old enough to rent a car. This was particularly problematic when he would travel. As a speaker, Sunjay has travelled extensively and addressed in person well over 1,000,000 people around the world since 1995. In 2005, Sunjay became the youngest Canadian (and third youngest in the world) ever to earn his CSP (Certified Speaking Professional). The CSP is the highest internationally recognized designation that a speaker can aspire to achieve.

With his background, Sunjay offers a rare combination of both left and right brain activities to engage all audience members. Sunjay holds an undergraduate degree in Mathematical Engineering, a degree that after the first year of the program, 80% of the students failed out. He also holds a Masters in Business Administration. During his MBA, he took first prize in an international business case competition.

Sunjay is the author of *The 10-80-10 Principle*, *The ABCs of Student Leadership*, and a contributing author for the book, *Professionally Speaking*. These books will be for sale at VSCA State Convention!

When not on the road, Sunjay enjoys spending time with his wife and three high energy, extremely busy sons. As you can imagine his household is quiet and relaxed. This probably explains why Sunjay is currently learning to sing "Row, Row, Row Your Boat" in rounds ... by himself.

When Asked to Describe Himself, this is what Sunjay wrote:

I am a dynamic figure. My name is Sanjay, pronounced SUN JAY. When I was nine, I could factor quadratic equations in my head, but I forgot how after my first kiss. I have appeared on National television. Articles about me have been published in National magazines. I have represented the country at international conferences. I am five foot ten.

I was once approached by three strangers in one day who claimed they would name their children after me. I don't believe in magic but I am capable of magical feats. I have made audiences cry of laughter, cry of emotion and moo like cows. I play "Sunjay Says". I have won awards in academics. I have won awards in athletics. I have won awards in the arts. But, I have never won a ward. I have been certified – in CPR and First Aid. I have been paid large sums of money for telling stories about my life. I can dance. I have been paid large sums of satisfaction for volunteering in my life. I romance.

I hold a black belt, I juggle and I have completed a marathon. I know the difference between nowhere and nowhere. I'm not afraid to talk. I'm not afraid of silence. I have fears. I'm scared to face my fears but I do it. I have sung live with The Police. I held my breath from 1992 to 1993. I have owned several businesses. I have written a best seller. My only visit to a penitentiary was on a tour. I have been asked for my autograph on several occasions. I play chess.

I work well with children. I work well with youth. I work well with adults. I work well independently. I have never worked on a well. As well, I have visited Welland. I have thrown games without telling my opponents. I am competitive. I don't lose my temper ...EVER! I have a sense for people. I have a sense for myself. I have cents for the needy. I have a sense of humour. In second year university I was the only one in my program who passed. I have done things so that people would wonder why I did them. I am happy. I have traveled abroad. Sometimes I throw games without telling my opponents. I am competitive. I don't lose my temper ...EVER! I have a sense for people. I have a sense for myself. I have cents for the needy. I have a sense of humour. In second year university I was the only one in my program who passed. I have done things so that people would wonder why I did them. I am happy. I have traveled abroad. Sometimes I cry.

Although I am not clairvoyant, I can hear you when you are not talking. I am a great listener. I believe you can do it. I believe I can do it. I believe anyone can do it. I have a list of life goals. I will achieve them. Everything I have written here is true.

This biography can be found at [www.SunjayNath.com](http://www.SunjayNath.com). We are so excited to bring Sunjay to the 90th VSCA State Convention!



## Warm Surprise

### *Grassfield High School, Region 2*

This is the time of year where there seems to be a lack of enthusiasm- the start of a whole new semester. Fortunately, small things are able to motivate discouraged students. On a chilly day on the first week back from a long weekend, Grassfield High School's SCA came up with an idea to get students pumped for the next semester. They decided to hand out free hot chocolate! Yes, FREE! Students really appreciated the small, yet warming surprise as they entered school. We did not promote the event but let it be a surprise as they entered before first block. Many students enjoyed the gesture. Senior Garrett Stallings stated, "I did not expect it and it made my day!"



## 90th VSCA

### *Stat e Convention*

APRIL 8-10, 2016

*Double tr ip by Hilton-Williamsburg*

REGISTRATION FORMS ARE AT  
[WWW.SCALEADER.ORG](http://WWW.SCALEADER.ORG)